

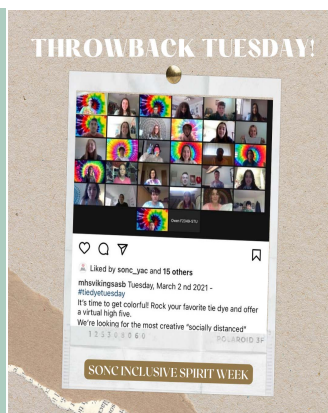


The theme for 2023 is Going All In(clusive). It's an action-oriented motivational rallying cry that doubles down on the belief that including Everyone is the goal. When was the last time that you went All In(clusive) - totally committed to something, bet everything on a hand, stood up for something you believed in? We invite your campus to participate in Inclusive Spirit Week 2023, presented by our Youth Activation Committee. Be part of a powerful new generation that celebrates individuality! Use the daily themes below and join students across Northern California to spread the word for Inclusion in schools and communities!

Monday



Tuesday



Wednesday



Thursday



Friday



Monday, Feb 27 - #pajamadaymonday

Pajama Day Monday! Wear your pajamas and bring a stuffed animal to show your snoozy spirit! zzz
Tag us @sonc_yac in a photo showing off your Monday PJ spirit!

#PJs #Snooze #PajamaDay #spiritday #ChooseToInclude #sonc_yac #SleepinMonday #WearyourPJs #OneNorCal #showyourspirit

Tuesday, Feb 28 - #throwbacktuesday

It's Throwback Tuesday! Today's the day to revisit past memories, come share your favorite memories of the past year & make sure to tag us @sonc_yac in your photos!

#ThrowbackTuesday #Happymemories #Recollection #Reminisce #Shareaphoto #pastmemories #Spiritweek #ChooseToInclude #sonc_yac

Wednesday, March 1 - #inclusionwednesday

Look out! We're Going All In(clusive) today! Show your inclusive spirit by taking a picture with a new friend, meeting someone new, or inviting them to hang out! Make sure to tag us @sonc_yac in a photo!

Click [HERE](#) to sign the [2023 Pledge to Respect](#) and Spread the Word!

#GoingAllIn #ChooseToInclude #Friends #BestFriends #BFF #HappyWednesday #sonc_yac #NewFriend #Hangout

Thursday, March 2 - #sportsjerseythursday

Score! Wear your favorite Sports Jersey or sports athleticwear, show your spirit and tag us @sonc_yac in a photo!

#PlayUnified #Sports #Athletes #Athleticwear #FavoriteSport #SportsTeam #FavoriteAthlete #SportsSpirit

#Jersey #Golf #Basketball #Soccer #Tennis #Swimming #Bocce #Football #Baseball #Track&Field #Running #Softball #Bowling

Friday, March 3 - #futurefriday

It's Future Friday, dress up as what you want to be in the future! Show us your future-self and make sure to tag us @sonc_yac in a photo!

#FutureSelf #Career #Whatdoyouwanttobe #GrowingUp #FutureFriday #ChooseToInclude #Careergoal #Goals #Aspirations #Dreams #OneNorCal #Future #sonc_yac

**** Don't forget to tag your school, friends & classmates. Mention @sonc_yac in your posts & use the daily hashtags. ****