



Ability Awareness



**Moving Beyond Awareness Towards
Diversity, Appreciation and Inclusion.**

Changing Society by Changing Attitudes

When a society misunderstands and underestimates the capabilities of people with intellectual disabilities, opportunities are lost. Jobs that might be done go undone. Chances for friendships that might be sparked pass by, and respect that might be won is lost. It is the mission of Special Olympics to show the world the true nature of people with ID.

Resources

Let's Celebrate!

Utilize this [calendar](#) to celebrate days/months dedicated to disability awareness.

Definition a Day!

Share a new [disability definition](#) each day to grow awareness.

Books & Videos

- GoodReads.com Disability Awareness [book list](#).
- Special Olympics Northern California & Nevada – [YouTube channel](#)
- We are the [Unified Generation](#)
- For teachers: [Age Appropriate Books](#) and [Lesson Plans](#)

Ability Awareness + Unified Programming = Results

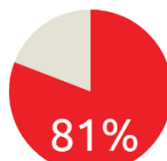
The results below demonstrate the profound impact that the Unified Strategy can have in schools. Importantly, it has been found that the combined efforts of Unified Sports and Whole School Engagement are essential to create this level of impact.



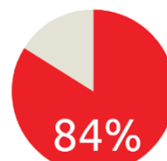
of students learn that standing up for something they believe is the right thing to do.



of students learn the skills of patience and compromise.



of students learn about the challenges of being a leader.



of students generally regard Special Olympics as a positive turning point in their lives.