



Is SONC requiring Athletes and/or Volunteers to show proof of, or answer questions about, vaccination?

SONC Volunteers and Staff will NOT require proof of or ask anyone about individual vaccination status. SONC may conduct anonymous surveys regarding vaccination status at training sites.

Am I required to wear a mask at practices and competitions?

Effective November 16th, for indoor and outdoor activities, all individuals, regardless of vaccination status, are required to wear a mask when not participating in physical training or competition. For indoor activities, all individuals will be required to wear a mask at ALL times, including during physical training and competition.

If an Athlete or Volunteer is fully vaccinated, do they still have to wear a mask in certain situations and practice social distancing?

Yes. Even in certain circumstances, such as in a shared vehicle or bus on the way to/from practice or competition, masks must be worn by everyone, regardless of vaccination status. Effective July 31st, fully vaccinated individuals ARE required to wear a mask when entering a practice or competition venue. SONC is advising all participants, regardless of vaccination status, to practice social distancing as part of the health and safety of all participants.

Will Athletes and Volunteers be required to answer screening questions or have their temperature taken before being admitted into a practice or competition venue?

Effective November 15th, all Athletes, Coaches and Unified Partners will be asked to verbally confirm they are symptom free for the last 48 hours before being admitted to the venue and indoor venues will require Temperature Checks. Check in at EVERY practice and competition will continue to be required for attendance purposes.



What precautions will be in place at any SONC practice & competition venue?

Coaches will be provided with a kit (signage, hand sanitizer, sanitizing spray, masks, gloves, digital thermometers (if needed to use at each practice. In addition, hand-washing stations, single-entry check-in points, tracked attendance, social distancing and sanitization of any shared equipment will be utilized. All Athletes and Volunteers must complete a one-time COVID-19 Waiver and Participant Code of Conduct Form and all Volunteers are required to complete a Return to In-Person Activity Training prior to returning to in-person activity.

What do I need to do in order to participate in in-person activities?

Athletes and Volunteers must have an approved Application with SONC by the designated season deadline (varies per season). All Athletes and Volunteers must complete the COVID-19 Waiver and Participant Code of Conduct Form. All Volunteers must complete the required Return to In-Person Activity Training. Visit www.sonc.org/LetsPlay for more information. Athletes and Volunteers who would like to check their status, including Waiver Forms and Return to In-Person Activity Training, may do so [here](#).

What happens if an athlete does not have an Athlete Application submitted to SONC by the designated season deadline?

If an athlete does not have an application submitted by the designated deadline, he/she will not be able to participate in the specified sport(s) for that Season. They may still participate in the SONC Walking Club, Virtual Health and Fitness and other virtual options.

Do I have to sign the COVID-19 Waiver and Participant Code of Conduct Form every time I participate in a new sport?

No. The COVID-19 Waiver and Participant Code of Conduct only needs to be completed ONCE by each Athlete and Volunteer wishing to participate in in-person activities. It is valid for future activities once comp



If I don't have my own equipment for a Sport, will sanitized equipment be available for me to use?

Yes. While SONC will attempt to limit sharing by providing adequate equipment, some circumstances may call for the sharing of certain items. Any shared equipment will be sanitized between uses by a trained Volunteer. All participants are encouraged to bring their own water bottles, towels and any personal sports equipment they may already own.

Why do Athletes and Volunteers have to check-in EVERY week at practice and any competition?

This is required so that SONC can contact individuals who may have been subject to a potential or confirmed exposure during a SONC practice or competition. Should SONC need to contact individuals regarding exposures, the identity of all involved will be kept confidential.

What do I need to do if I suspect I was exposed to COVID and what do I need to do if I test positive for COVID?

Individuals who suspect or exhibit signs of COVID must stay home from any SONC activities for a period of no less than seven (7) days. Individuals who test positive for COVID must stay home from any SONC activities for a period of no less than 10 days AND must obtain, and submit to SONC, written medical clearance from their physician before returning to any SONC activity.

Who can I contact if I have questions or concerns about myself or someone from my family participating in Special Olympics?

Please contact your local SONC Sports Contact or email LetsPlay@sonc.org.