



# Ability Awareness



**Moving Beyond Awareness Towards  
Diversity, Appreciation and Inclusion.**

## For Teachers

Explore disabilities awareness through literature.

[Age Appropriate Books](#)

[Lesson Plans](#) that will help students better understand what it is like to live with different disabilities.

## For Parents

[Understanding Intellectual Disabilities](#)

Video:

[Parenting a Child with an Intellectual Disability.](#)

## For Students

Take a virtual tour of the Disability History Museum  
[www.disabilitymuseum.org](http://www.disabilitymuseum.org)

Foundational Inclusive Youth Leadership [Digital Training](#)

## Resources

### Let's Celebrate!

Utilize this [calendar](#) to celebrate days/months dedicated to disability awareness.

### Definition a Day!

Share a new [disability definition](#) each day to grow awareness.

### Books & Videos

- GoodReads.com Disability Awareness [book list](#).
- Special Olympics Northern California & Nevada – [YouTube channel](#)
- We are the [Unified Generation](#)

### Web Accessibility

Adjusting to online could be challenging. Here are a few [helpful considerations and tips](#) that could be important to learn and utilize in a virtual space.

### Reach Out!

Schedule a virtual meeting with a person with disabilities.

