

# How to become a Unified Champion School in a Virtual Environment

Special  
Olympics  
Northern California



SCHOOLS  
PARTNERSHIP  
PROGRAM

## Unified Champion Schools

A Unified Champion School promotes inclusion and acceptance by participating in three components of Unified Champion Schools; Unified Sports, Inclusive Youth Leadership and Whole School Engagement.



### What is Unified Sports?

- **Unified Sports** joins people with and without intellectual disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding. In a virtual environment, a unified partner can be anyone from your siblings to your parent or guardian.

#### Unified Athlete

Student receiving Special Education services participating in Special Olympics event with their general education peers.

#### Unified Partner

Student in General Education participating in Special Olympics event with their peers receiving Special Education services.

### What is Inclusive Youth Leadership and Whole School Engagement?

- **Inclusive Youth Leadership** is when young people with and without disabilities are given opportunities to be leaders in their schools and communities.
- **Whole School Engagement** is a youth-centered, school-focused initiative that activates all students to promote a campus culture of acceptance and social inclusion.



We are inclusive. We are leaders.

**We are a Unified  
Champion School**

#### Unified Sports in a Virtual Environment:

1. Unified P.E- Combine a General Ed class and Special Ed class over zoom for Unified P.E.
2. Unified Fitness- Play with a sibling or parent.
3. Play a sport or participate in Unified Fitness with a sibling or family member
4. Participate in Virtual Challenges as a team and combine scores
5. Compete in Fit5 and combine scores

#### Implement Inclusive Youth Leadership and Whole School Engagement in a Virtual Environment:

1. Pairing a special education classroom and general education classroom together via zoom to form an "Inclusive Club".
2. Have your class or school host a virtual "RESPECT" campaign.
3. Ability Awareness Lessons – teacher or student led.
4. Facetime with a friend for a social hour.

