

# BEST PRACTICES FOR TRAINING SITES



### **DRIVE-UP CHECK-IN & DROP-OFF LOCATION**

If your facility allows, create safe space for drive-up checkin. Once the athlete has been checked-in, then they may exit their vehicle. Use directional arrows or cones to identify your location and provide maps/ diagrams beforehand. If you cannot safely create this, designate a spot at your facility for athletes to check-in prior to joining other teammates at practice.



#### WORK WITH FACILITY

See if they have tables and if they can assist in marking off your drop-off/check-in areas. Contact your Sports Manager to assist with this step.



## **UP TO DATE CONTACT INFORMATION**

Collect up to date phone numbers for day of contacts in case an athlete needs to be picked up early.

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#### WORK WITH FACILITY

Ensure the training facility has adequate hand washing facilities or available hand sanitizer.

- Updated Training Roster
- Completed COVID-19 Waiver and Code of Conduct Participant lists
- Extra copies of COVID-19 forms
- PPE Kit
- Cones/Markers
- Pencils/Pens