



Teaching Tools

Tennis balls

Tennis balls shown are examples only and are typical of ITF approved tennis balls

An abundance of tennis balls is important for a successful practice. Ideally, each court would have a separate hopper (teaching cart) of balls. Practice balls can be obtained from tennis clubs (ask a teaching professional for his/her old tennis balls), high schools and colleges. Mini-nets turns any space into a tennis court.



Other Teaching Aids

Teaching aids distributors can be found online.

1. Notebook for recording attendance, telephone numbers, student comments and progress reports, and medical needs for special athletes.
2. Targets of any shape, size and color can help athletes aim for a specific spot (examples are a pyramid of tennis balls, cones, hula hoops, chalk circles and rope).
3. Red foam balls (ex. Dunlop Speedball)
4. Koosh balls
5. Low compression orange and green balls
6. Balloons to practice hand-eye coordination drills.
7. Ball machine for athletes to practice a variety of skills.
8. Ball containers as targets in games.
9. Radio or music box to increase attention and enjoyment.

